

“WE’RE HERE BECAUSE WE CARE” ...Building Healthy Communities Together Initiative

Mantua
Residents



Powelton Village
Residents



Presented by: **Loretta Sweet Jemmott, PhD, RN**
Vice President & Nursing Professor
Drexel University

Community Engagement is...

- The process of working collaboratively with and through groups of people affiliated by geographic proximity, special interest, or similar situations to address issues affecting the well-being of those people.
- It aims to build ongoing, permanent relationships for the purpose of applying a collective vision for the benefit of the community.
- It is a powerful vehicle for bringing about environmental and behavioral changes that that will improve the health of the community and its members.
- It often involves partnerships and coalitions that help mobilize resources and influence systems, change relationships among partners, and serve as catalysts for changing policies, programs, and practices.

WORKING TOGETHER
— TO BUILD —
THRIVING COMMUNITIES

Kick Off Dinner with Community Leaders

10 Promise Zone Neighborhoods

*Mantua
Powelton Village
Belmont
Millcreek
East Parkside
West Powelton/Saunders Park
University City
Spruce Hill
Walnut Hill*

Community Partners

Mantua Partners

*Mantua Civic Association
Mount Vernon Manor CDC
People's Emergency Center
Mantua Community Improvement Committee*

Powelton Village Partners

*Powelton Village Civic Association
LA21
People's Emergency Center*



Stronger
Together

The “We’re Here Because We Care” ...Building Healthy Communities Together Initiative is ...

designed to partner with the community to identify, design, and implement community driven, evidenced-based, sustainable programs that address community needs and help residents in the Promise Zone reach their health goals and improve their health and well-being outcomes.

Building Healthy Communities Initiative

Goals

Our goals are to partner and plan with the community to:

- Identify health and wellness concerns
- Work together to develop sustainable evidenced-based health and wellness programs based on the voices and input from residents and organizations
- *However, we can't do it without you, your input, your support, and your approval.*

Stages of Prevention & Health Promotion

Primary prevention - seeks to prevent the onset of specific diseases using health promotion and risk reduction strategies (*i.e. nutrition and physical activity*).

Secondary prevention - includes procedures that detect and treat health problems aiming to prevent the progression once a person has been exposed to it (*i.e. access to care*).

Tertiary prevention - seeks to soften the impact caused by the disease on the patient's function, longevity, and quality of life (*i.e. access to care*).

How Do We Do Our Work?



"We're Here Because We Care..."

Building Healthy Communities Together Initiative

STEP 1

Community Leader Meeting #1

- Identify community leaders
- Review Commitment Form
- Schedule group meetings/one-on-one meetings
- Identify date/time/site

STEP 2

Call to Action Community Planning Meeting

- Identify speakers
- Identify caterer
- Identify and train staff and childcare providers
- Identify outreach/recruitment strategies
- Prepare informational packets

STEP 3

Conduct Call to Action Meeting

- Overview of program
- Breakout sessions by age/gender
- Wrap up and feedback
- Write up results

STEP 4

Plan and Conduct Information Sessions (focus groups)

- Identify and recruit agencies and community groups
- Site recruitment
- Participant recruitment
- Write up results

STEP 5

Plan and Conduct One-on-One Sessions

- Identify and recruit individuals
- Site recruitment
- Participant recruitment
- Write up results

STEP 6

Analyze All Results and Write the Final Report

- Gather results from all sessions
- Identify themes and top 5 health concerns
- Identify strategies to address concerns
- Identify health agencies to address concerns

STEP 7

Community Leader Meeting #2

- Begin to work on action plan
- Report back results and strategies
- Leaders select a health issue they want to lead

STEP 8

Meet with Health Agencies

- Contact health agencies for partnerships
- Invite health agencies Call To Action meeting
- Work on health strategies

STEP 9

Call to Action Meeting—Wrap Up

- Present results
- Small group sessions to discuss top 5 health concerns in partnership with health agencies and community leaders
- Wrap up and feedback
- Write up results and submit to community leaders

STEP 10

Where Do We Go From Here?

- Continue partnerships for health initiatives
- Design new health programs
- Seek funding



Supported by: President John Fry and Councilwoman Janie Blackwell
Led by: Dr. Loretta Sweet Jammott

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How We Organized What They Say?



By Age and Gender

18-25, 26-40,
41-60, 61+

List Their Overall Top 6 Health Concerns

- Health Concerns Identified
- Suggested Possible Solutions

We must all remember...
There is always more to the story...
It's all about TRUST & RELATIONSHIPS!
How we Build them!
How we Sustain Them!
How well we Work Together!



It's also about how we never give up!

For further questions please contact:

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thank you!